



Our Lady Of Perpetual Help Catholic School

and

Sts. Peter and Paul Catholic School

Football
Athletic Handbook

2018-2019

as of August 1st, 2018

School MISSION STATEMENTS

Our Lady of Perpetual Help Catholic School (OLPH) builds character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community.

The mission of Sts. Peter & Paul Catholic School (SPP) is to provide a superior Catholic education and develop Christian leaders.

PURPOSE

The purpose of OLPH and SPP combining our respective football programs is to provide the best possible experience for our student-athletes. In doing so, we are allowing both school communities to come together as one in the name of competition and good will. In order to effectively operate, we must have guidelines. These guidelines are very much similar to both school's athletic handbooks.

ATHLETIC CODE OF CONDUCT

CONDUCT OF ATHLETES

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators and the coaching staff believe that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The safety, health and welfare of the student are our major consideration and transcend any other consideration. All athletes shall abide by a code of ethics which will earn them the honor and respect that participation and competition in the interscholastic program affords – to the athlete, the team, and the school. Acts of unacceptable conduct such as, but not limited to: theft, vandalism, disrespect, immorality or violations of law, tarnishes the reputation of everyone associated with the athletic program. Participation on an athletic team involves discipline and willingness to make sacrifices. For this reason, those who wish to participate in interscholastic sports at OLPH/SPP must always behave as ladies and gentlemen and be neat in appearance and polite in behavior.

REQUIREMENTS FOR PARTICIPATION

Physical Examination: A yearly physical examination is required. The physical exam form must be completed by the physician and submitted to the coach prior to participation in any try-out or game competition. The examination will be valid for a period of one year from the date it was first obtained. The form will be kept on file in the Athletic Department Office.

Medical Release Authorization: Each athlete's parent shall complete an emergency Medical Release Authorization form, giving permission for treatment by a physician or hospital when the parent(s) are not available. The form will be kept with each coach so that they are available at each practice and contest.

Parental Acknowledgement of Athletic Policies: Upon entering middle school and/ or are at the time a student tries out for an athletic team, he/she will be presented with necessary forms and information for participating in athletics. Each parent or guardian and athlete shall read all of the enclosed material and certify that they understand the athletic eligibility, and rules and policies of the school. This signed document will be filed in the Athletic Department.

Scholastic Eligibility: In order to participate on an OLPH/SPP athletic team, each athlete must have satisfied all the scholastic eligibility requirements prior to participation. Any student who is in violation of the school's disciplinary policies is not eligible to participate in interscholastic sports at OLPH/SPP. Any student whose conduct or appearance is not in compliance with the school's policy may be declared ineligible by the Administration for an indefinite period.

Academic Probation will occur at the end of each progress report/report card grading period. A student is placed on academic probation if he/she receives more than one grade below 70. For athletics, according to AIAL eligibility rules, the student "may not be failing more than one subject nor receive less than a 70% overall grade point average at the end of any progress reporting period or regular report card period." (AIAL rules)

1. While on academic probation a student may not:
 - Be a representative of any school organization
 - Participate in activities that take time after school hours unless the activities are required for a course grade, in which case an alternative assignment will be given
 - Participate in any AIAL sport competitions
2. Parents, faculty, club sponsors, and coaches will be notified. Academic probation will be reviewed on a weekly basis and the probationary status will remain in effect until the deficiency is removed as indicated by the progress report or report card. (AIAL eligibility rules) Academic probation begins when the student organization moderator or Athletic Director receives the list from school Administration and the parent and student are notified

ELIGIBILITY

To be eligible for athletics, the middle school athlete must be in compliance with the OLPH/SPP policies concerning extra-curricular eligibility and the rules and regulations of the Archdiocese Interscholastic Athletic League (AIAL) and the Student/ Parent Handbook. Individual sports may adopt rules and regulations, with administrative approval, regarding expectations and requirements for students participating in that particular sport. These policies, once signed by the parent and student, become an extension of the student/parent handbook.

- Students must be enrolled in Our Lady of Perpetual Help Catholic School or Sts Peter and Paul Catholic School.
- Students trying out for a fall sport must be a student in good standing at the time of the team tryouts. A student must have passed all core classes for the previous full year to be eligible to try out. If they failed a core class for the previous year, they must have completed summer school at their expense and received a passing grade prior to the commencement of tryouts. In the case of electives, the student must have maintained a passing average for all elective classes for the full year. If the student does not meet the elective requirement, they must make up the failed class during the summer at their expense.
- All applicable athletic fees must be paid in full prior to the first game/competition of the season
- Athletes must be marked present in school the entire day in order to be eligible to participate in games/competition or practice later that same afternoon or evening**
- Any student missing more than 2hrs. (120 minutes) of the school day is marked absent for that day.

- If a student misses classes on a Friday, they will be eligible to participate in Saturday or Sunday events as deemed appropriate by the sport's coach.

**The only exceptions are school sponsored or approved activities. Parents need to keep this in mind when scheduling appointments.

INELIGIBILITY

If a student becomes ineligible, due to grades, he/she may not participate in practice or games until the deficiency is removed at the next progress report or report card grading period whichever comes first. A student may not tryout for a sport if they do not meet the academic requirements for eligibility as outlined in the Eligibility section above. If a student is unable to tryout, they will be ineligible for the full season even if they rectify the grade deficiency. If a student becomes ineligible for other reasons such as misconduct, the coach and/or administration will make a determination of the consequences up to and including permanent removal from the team.

TEAM COMMITMENT

All absences will be either excused or unexcused:

Excused absences: Illness, death in the family or a family emergency. If a student gets ill during the school day and goes home, their absence will be excused. If a student feels ill and stays in school, they should go to practice. If their illness gets worse, then the coach can excuse them to go home.

Unexcused absences: When a student/athlete gets an unexcused absence from practice, they may become ineligible for one game. In addition, players may be required to attend the competition, dressed and must sit on the team bench as teammates normally do. When a student gets a second unexcused absence from practice, parents will be notified by phone that one more unexcused absence from practice may result in that student's removal from the program. As a result, the player may again be required to miss one game with the same conditions as stated above. When a student gets an unexcused absence from a contest (misses a game), they will be immediately removed from the program and parents will be notified by phone.

Tardiness will also be either excused or unexcused. The coach will have the authority to decide whether a tardy is excused or not. As a reinforcement measure, please make time to discuss these guidelines with your daughter or son. Players are expected to be on time to classes, practices, and meetings. Tardiness will not be tolerated. Corrective action will be taken by the coach. An ensuing tardy will result in the same consequence as an unexcused missed practice.

Quitting a Sport - The Athletic Department believes that a student has made a commitment to the school, team and coach. By quitting this disrupts team unity and deprived another student of participating. Any student, who remains on a team, and after minor disciplinary action, continues to demonstrate poor team morale can be dismissed by the coach with the approval of the Athletic Director and be subject to the same suspension. The Athletic Department feels strongly that a student makes a serious commitment to a team before trying out for a sport. When an athlete quits the team to which he/ she have been selected, he/she forfeits trying out or participating in another sport that season until the completion of the previous sport.

Disciplinary Procedures - Disciplinary infractions of school rules while in attendance at, or while being transferred to or from, an athletic event come under the jurisdiction of the regular school disciplinary procedures. The head coach must inform the Principal and the Athletic Director of such infractions. The head coach may add to the punishment from the school but cannot bypass ordinary procedures.

Since discipline is a vital ingredient to a team's success, athletes can be disciplined for the following infractions:

- Unexcused absence from practice or game
- Failure to attend team meetings
- Being tardy to a practice
- Lack of sportsmanship
- Failure to contribute your best effort
- School disciplinary reasons for missing practice are not excused
- Breaking training rules

Sanctioned disciplinary procedures include:

- Suspension or expulsion from the team (only instituted with permission from the Head Coach of the sport and Athletic Director).
- Benching (sitting out of practice or game as designated by coach).
- Additional physical activity (i.e. push-ups), within reason (No more than 20 repetitions, 2 laps etc)

NOTE: An OLPH/SPP athlete who leaves the bench area to join in an altercation during a contest will be suspended from the team and subject to dismissal from the Athletic Program and the school, if after an investigation it is found that the student participated in such.

Injuries. Another setback can occur with untimely injuries to players. Some of these injuries occur because of non-school team sports participation during the season. (Club, tournaments, etc)

Playing Time Policy:

While it is true that our coaches and administrative personnel believe it to be important to broaden the experience of OLPH/SPP athletes. It is also an important goal of the school that the athletic program strives toward excellence. Therefore, no minimum per game playing time provisions or minimum numbers of athletic meets in which athletes must compete are established. Playing time decisions are left to the discretion of individual coaches. Coaches will determine playing time according to the strengths and weaknesses each player exhibits. The coach will determine an athlete's playing time according to the athlete's overall performance in practice, games, in the classroom and the contest at hand. Additionally, it is imperative that both parents and student-athletes understand that game strategy will affect playing time. An athlete's playing time will be determined by athletic ability, coachability, attitude, effort, attendance and academic eligibility. Parents SHOULD NOT expect a coach to discuss playing time.

Handling Problems/Solving Disputes:

Both parenting and coaching are difficult vocations. By keeping lines of communication open between parents and coaches, many potential problems can be avoided. One of our goals is to instill in our athletes a sense of ownership and responsibility for their actions. Therefore, it is important that athletes learn necessary communication skills and learn how to resolve conflicts in a God-honoring way. Please note the order of the conflict resolution policy: Protocol for

Conflict Resolution -

(Matthew 18:15-17 "If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along, so that every matter may be established by the testimony of two or three witnesses. If he refuses to listen, tell it to the church; and if refuses to listen even to the church, treat him as you would a pagan or a tax collector.")

1. Players must speak to their coach first.
2. Parents may speak with the coach next.
3. If a player or parent approaches the Athletic Director before talking with their Head Coach, they will be immediately referred to the Head Coach.
4. If a player or parent approaches the Principal before speaking with the Athletic Director, they will be immediately referred to the appropriate person on the chain of command.

All disputes, including those related to athletic matters, should be handled in a Christian manner.



Parent Code of Conduct

1. **I will** support OLPH/SPP Athletics through prayer and my presence **at OLPH/SPP events.**
2. **I will** encourage my son/daughter to uphold the ideals **stated in the Our Lady of Perpetual Help and Sts. Peter and Paul Catholic School’s mission statement, Athletic Code of Conduct, as well as the OLPH/SPP Athletic Handbook.**
3. **I will** encourage my son/daughter to submit to authority and resolve conflicts if **necessary.**
4. **I will** conduct myself at all sporting events **I attend in a manner that honors God. I understand that failure to act in said manner may result in expulsion from event by school administrator/representative, and possibly, future events.**
5. I will not publicly disparage the coach at sporting events, **nor will I disparage him/her in my home. I will** go to the coach directly and avoid gossip, **which could question my own integrity.**
6. **I will be** realistic about my student-athlete's capabilities and emphasize improvement and commitment.
7. **I will be** a role model **for my student-athlete.**

I understand the purpose of the Parent Code of Conduct. I agree to support the principles, set forth and I am committed to the growth of my son/daughter while at OLPH/SPP. I have read and understand the Our Lady of Perpetual Help and Sts. Peter and Paul Football Athletic Handbook and will observe rules therein..

*****EACH PARENT/GUARDIAN IS REQUIRED TO READ AND SIGN FORM*****

Student Name: _____

Parent/Guardian Name (Printed): _____

Signature: _____

Date: _____

E-mail address: _____

Daytime Phone: _____



Athlete Code of Conduct

Participation in athletics at Our Lady Of Perpetual Help and Sts. Peter and Paul Catholic School is a privilege. If you choose to participate in athletics, you willingly accept the responsibility of being a leader; both in and out of the classroom and in the arena of competition. You also understand you are representatives of our Lord. Those who choose to participate must make sacrifices and establish priorities.

With these things in mind, the following guidelines have been established for those students who elect to participate in the athletic program here at OLPH/SPP.

As an athlete, I agree, to:

1. Model Christ **in speech and behavior.**
2. **Demonstrate** good sportsmanship throughout the contest year by treating **opposing players, coaches, and all representatives with respect.**
3. Be prompt **to all scheduled practices, games, and team meetings.**
4. Accept correction and instruction **from any and all authority. Understanding correction makes me wise and has eternal benefits as well as short and long-term benefits for my teammates and myself.**
5. Represent my family, school, team, and God **in such a way that brings honor to each, whether competing at "HOME" or "AWAY" games.**
6. Respect and relate In a Christ-like manner **to teammates and classmates throughout the school day.**
7. Participate **in team ministry opportunities.**

I have read the Athlete Code of Conduct. I understand that failure to uphold the expectations outlined above will endanger my athletic eligibility. I also understand that these expectations are in place to help me grow spiritually and mature emotionally and physically. I have read and understand the Our Lady Of Perpetual Help Sts. Peter and Paul Athletic Handbook and will observe rules therein

Student Athlete (Printed): _____

Signature: _____

Date: _____

The Code of Conduct is in effect year-round and not limited to the sport or school year.



Middle School _____ Team Contract, 2018 - 2019

Congratulations! This document represents your willingness to abide by the rights and responsibilities itemized in this contract for school year 2018- 2019. You can count on your experience and opportunity as a(n) OLPH/SPP Middle School _____ Team Member to be one of positive ongoing growth and development.

NAME OF STUDENT: _____

Student Signature: _____ Date: _____

NAME OF PARENT(S) : _____

Parent Signature: _____

Parent Signature: _____

School Sponsor Signature Coach Signature: _____